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Dozens killed as Taiwanese plane crashes

Stormy weather had caused many cancellations before the aircraft tried to land **PAGE 10**

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Mother vows to seek justice for stabbing victims

Brentwood killings.

Lawrence Hong's
family speaks out
for first time

Every morning and night, Marlene Hong lights five candles in the backyard of her Calgary home, one for each victim of the city's worst mass murder.

Among those stabbed to death at a Brentwood house-party April 15 was her 27-year-old son, Lawrence. He was set to graduate from the University of Calgary and had eyes on a career in urban planning, perhaps with Calgary Transit.

But now Marlene will be left to dream of what her son would have become.

She still learns new things about him that make her proud. A prime example is how Lawrence scraped together money to buy concert tickets for a sick friend in the days before he died. When Marlene and father Lorenzo went to close his bank account, there was just \$7 left in it.

The grief may never subside, Marlene concedes.

"Every day, I'm still crying ... we're not OK, we will never be OK," she told Metro Wednesday during the first in-depth interview with a parent of any of the five victims.

Also killed that night were Josh Hunter, Kaiti Peras, Zackariah Rathwell and Jordan Segura. On Tuesday, family members of the victims packed into a city courtroom for the first public appearance of accused killer, Matthew de Grood.

The 22-year-old sat in the prisoner's box, his eyes darting around. After he was ordered to undergo a psychiatric assessment, de Grood flashed a quick smile and exited under police supervision.

Marlene said she was angry and confused as the scene played out, but added she has full intentions of returning each time her son's accused killer appears. She keeps in close contact with family members of other victims and believes they will join her for the duration of court proceedings.

"We have to go," she said. "I'm a very quiet person, but this time I don't think so."

"It's not only justice for the five young adults, but the public ... everybody wants justice."

De Grood has already been declared fit to stand trial and now a team will determine whether he can be held criminally responsible for the killings. His legal representation is due to return before a judge in late August and a preliminary inquiry is scheduled for the

first two weeks of March.

It's likely at that point details will come out of how the five young lives were taken so quickly. Marlene said police have shared little about what happened to avoid jeopardizing their case — a decision she respects.

Now, as she waits for the wheels of justice to turn, she's left with memories of her son and continuing tributes in his honour. The Hong family just learned Tuesday that members with the U of C's QCentre for Sexual and Gender Diversity have plans to enshrine his memory when they move to a new location on campus. Hong worked actively in the centre.

Marlene said her son was a "late bloomer" and always on the run. As a result, she and Lorenzo made a point of driving him to school every day, including the morning of April 15.

She remembers Lawrence talking about his plans after graduation, including the prospects of returning to school again in the near future.

"I said 'OK, stop, look for a job first Lawrence, you have to pay off your loans,' she said with a laugh. "It was a lot of things that really made mom and dad realize that our boy is not a baby any more — he's a grown-up man."

JEREMY NOLAIS/METRO



ISRAEL SUPPORTERS STANDING STRONG

Ed Sobel, left, and his daughter Danica were among an estimated 500 people to attend an event at the Calgary Jewish Community Centre on Wednesday night to show support for Israel, but there were tense moments before things got underway as police caught a man attempting to enter the centre with an airsoft rifle. For the story, see page 4. JEREMY NOLAIS/METRO

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Small campfires only

Warm, dry weather brings fire restrictions across province's southwest region

Strict fire restrictions took effect across southwest Alberta on Wednesday, as the province looks to mitigate the risk of additional wildfires.

The province has issued a series of rules in the wake of warm and dry temperatures across much of the region, including a ban on open fires in the back-country.

"Essentially it breaks down to: You can have safe campfires in a campground, and that's pretty much the only thing that's allowed," said Richard Horne, a wild-fire information officer.

Those campfires should be kept small and manageable and within designated fire rings, Horne added.

"You don't need to make a bonfire," he said. "And, most importantly, ensure that it's out when you leave."

While there have been patches of rainy weather in southern Alberta, Horne said "it has not covered the entire province and it has not been substantial everywhere."

"In the southwestern part of the province it has been quite dry," he said. "We're actually seeing some of the green grass on some slopes starting to die out."

The area where fire restrictions are in effect stretches from the northern boundary of Waterton Lakes National Park to the northern boundary of the Municipal District of Ranchlands, and east from the Alberta-B.C. border to the forested area east of Highway 22.

More information is available by calling 1-866-FYI-FIRE (1-866-394-3473). **ROBSON FLETCHER/METRO**



Calgary shines brighter than all other cities in terms of household income, according to new Statistics Canada data, but the trends are quite different for families and single people in the city. METRO FILE PHOTO

Calgary families are richest and getting richer: StatsCan

A tale of two households. Census families see biggest income increase in Canada; single people see biggest decrease



ROBSON FLETCHER

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Calgary remains the richest major city in the country, according to data released Wednesday by Statistics Canada, but the income levels of family households and single people are headed in opposite directions.

With a median income of \$98,300, "census families" in Calgary not only made the most money of 33 metropolitan areas in 2012, but also saw the largest increase in their

income — 3.7 per cent — compared to the year before.

Meanwhile, single Calgarians with no children also recorded the highest median income in the country at \$35,910, but the figure marked a 1.3 per cent decrease from the year before. Calgary was the only city of all 33 studied that saw a decrease in median income for single people.

Kim Moody of Calgary-based Moodys Gartner Tax Law said it was "surprising" to see family incomes rise and single-person incomes decline in the same year, and struggled to offer a possible explanation.

"I thought there would have been an overall increase in both," he said. "We're a pretty wealthy city."

Spencer Wallace, 26, works two jobs in Calgary and said he hasn't seen a raise in the past year and a half. As a sin-

gle guy, he also finds he's eligible for few tax credits or deductions, as many are aimed at couples or parents.

"This was the very first year that I've paid income tax in a while that I haven't filed as a student," he said. "It was surprising how little you actually get back."

Moody said family-oriented tax deductions are there for a reason, however.

"If you ask an economist or a tax guy whether or not families get better tax breaks, they'll all have an opinion," he said. "My opinion is no, they don't."

A "census family," as defined by Statistics Canada, "refers to a married or a common-law couple, with or without children at home, or a lone-parent of any marital status, with at least one child living at home."

Median income changes

Median 'census family' income in 2012 (per cent change from 2011):

- Calgary: \$98,300 (+3.7%)
- Edmonton: \$96,030 (+3.0)
- Vancouver: \$71,140 (+1.6%)
- Toronto: \$71,210 (+0.6%)
- Canada: 74,540 (+1.7%)

Median 'non-census family' income in 2012 (per cent change from 2011):

- Calgary: \$35,910 (-1.3%)
- Edmonton: \$35,850 (+3.1%)
- Vancouver: \$25,800 (+1.4%)
- Toronto: \$24,900 (+0.1%)
- Canada: \$26,570 (+2.0%)

For more local news, visit metronews.ca



Police recover senior's stolen '62 Chevy Corvette

Police have recovered "Betsy," a rare 1962 Chevrolet Corvette that was stolen from a Calgary senior.

Tips from the public led investigators on Wednesday afternoon to an acreage in the De Winton area, where they found the cherry-red roadster.

Kenneth Jelley, the vehicle's owner, was elated by the find.

"Betsy was a close friend and a long associate, so it's

nice to have her back," he told Metro. "By and large, she seems to have come through relatively unscathed."

Police have laid no charges and continue to investigate, but Jelley said he's just happy they found the vehicle.

"The police did a terrific job," he said. "They made sure people were aware of what was going on. I'm very impressed with their dedication."

Police say the car was stolen from the 9600 block of Bonaventure Drive SE sometime between 7 p.m. on Saturday, July 12, and 5 p.m. on Sunday, July 13.

Jelley, 73, has owned the car for 40 years and originally bought it in the United States. He said the car was like a part of his family and he was devastated when he found it was taken.

A man and his Corvette

"By and large, she seems to have come through relatively unscathed."

Kenneth Jelley, owner of the car, talks about the condition it was recovered in.

Police said in a release they plan to conduct forensic tests on the vehicle and then return it to Jelley "as soon as possible."

Anyone with any information about the theft is asked to call police at 403-266-1234 or Crime Stoppers at 1-800-222-8477. **KEN VAN DE WALLE/FOR METRO**

New provincial park

Environmentalists scorn land-use plan

The province has released its management plan for southern Alberta, but environmentalists say the land-use strategy comes up short.

The plan covers the region that stretches from the Rockies to the Saskatchewan boundary and from the U.S. border to just north of Cal-

gary. It includes eight new or expanded conservation areas.

They include the new Castle Willand Provincial Park at almost 550 square kilometres and the 340-square-kilometre Pekisko Heritage Rangeland.

A dozen primitive areas for camping and recreational use are to be created.

Conservation groups say the plan doesn't do enough to protect the environment, particularly the Castle wilderness

in the southwest. They note the plan only protects about half of the Castle area.

"There will be no change in clear-cut logging. All the logging that's scheduled will be, as far as I can tell, permitted under this plan," said Gord Petersen of the Castle-Crown Wilderness Coalition.

The government says protection has been expanded to a wider area in the Castle with more checks on industry.

THE CANADIAN PRESS

Four assailants

Witnesses sought after gang beating

Calgary police are investigating after a man was swarmed and beaten by a group of people armed with guns on Tuesday.

The incident occurred around 5:45 a.m. in the 9900 block of Hidden Valley Drive NW. The victim had exited his home on his

way to work when he was approached by an armed man who demanded to be let inside.

When the victim resisted, he was beaten by four men. He managed to break free, and the suspects fled the area.

Police said the victim is not co-operating with their investigation but they believe others in the neighbourhood may have witnessed the attack. **METRO**

Garland. Police chief addresses 'perp walk' controversy

Calgary's police chief says his investigators had no intention of undermining the court process when they walked an accused triple-murderer across a parking lot while being surrounded by a horde of media.

Rick Hanson responded in an interview with News Talk 770 on Tuesday to criticism of how Douglas Garland was ushered to the city's downtown arrest-processing unit to be formally charged in the murders of five-year-old Nathan O'Brien and his grandparents, Alvin and Kathryn Liknes.

The chair of the Criminal Defence Lawyers Association filed a complaint over the weekend, claiming the practice, known as a "perp walk," undermines the basic principles of Canadian justice.

But Hanson said the city's processing unit is located on the third floor of the service's old administration building, which he deemed "archaic" and said doesn't feature underground parking.

"We could put up a big fence ... we could have somebody man the gate, but that's going to cost money," he said.

Hanson said the service has eyes on establishing a new unit on rural property near the Calgary Remand Centre and such walks would no longer occur if that building were to be erected.

The chief did say, however, that such public exposure of an accused can be valuable to police, because it can jog the memories of other potential victims from the past and generate new tips.

JEREMY NOLAIS/METRO

FastCab founder leaves Calgary market behind

'Disheartening.' App creator looking at areas where he may not face such resistance, red tape



JEREMY NOLAIS

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The mastermind behind the FastCab app — once billed as an easy solution to taxi-service woes — says he's no longer "paying attention" to the Calgary market.

The smartphone offering was believed to be the first of its kind when it launched locally in June 2012. It linked people directly to drivers from all city brokers to arrange rides. Patrons could even offer a tip incentive to expedite their pickup.

But FastCab was met with sharp reaction from the heads of Associated Cab, Checker Yellow Cabs and Mayfair Taxi, who collectively filed

a \$1-million lawsuit against Jeff Doecker, claiming he was operating like they do but without a proper licence and was putting customers at risk.

Drivers with the brokerages were also threatened with termination if caught using the app.

In response, Doecker successfully applied to form his own cab company last year, telling Metro in July 2013 that the aim would be to provide a "seamless" connection between driver and customer.

But without any city-approved cab plates at his disposal, Doecker said Tuesday the idea floundered. He says he is now looking elsewhere.

"There's other markets that either have a more friendly legislative environment or there's more attendants looking at an easy way to market their services to the public," Doecker said, later adding that it was "sad" and "disheartening" to abandon efforts in the city he calls home.



FastCab founder Jeff Doecker is seen around the time of his app launch in 2012. At the time, it was the only smartphone offering that could link drivers directly to consumers, but brokerages have since unveiled similar offerings. **METRO FILE**

Cops say man with air gun tried to enter Jewish centre



Israel supporters hold flags and signs during an event at the Calgary Jewish Community Centre. **JEREMY NOLAIS/METRO**

Charges were pending Wednesday night against a man who police say tried to gain access to a pro-Israel event at the Calgary Jewish Community Centre while armed with an air rifle.

It was the second tense moment in less than a week as locals continued to rally support for both Israelis and Palestinians amid an outburst of violence in Gaza.

But Duty Staff Sgt. Paul Wozney said Calgary police don't believe the man's actions were related to a violent clash between supporters in front of

city hall last Friday.

"He was not a welcome guest. He was not invited. He was not, in any way, associated with the Calgary Jewish Centre," Wozney said.

Police maintained a heavy presence inside the centre and around the perimeter. Some attendees were asked to provide identification, and bags were searched at the front door.

An estimated 500 people came to the event, many carrying flags and signs professing support for Israel.

At least three people are believed to have been assaulted

Next rally

Another rally for peace in Gaza is planned for this Friday at city hall.

- More than 1,800 people had signed up to attend on the event's Facebook page as of Wednesday evening.

last Friday as hundreds of Palestinian supporters marched toward city hall and ran into counter-protesters who were

supporting Israel.

Bruce Libin, president of the Calgary Jewish Federation, said police "failed" to protect those at the protest.

"It's absolutely shameful when a person carrying an Israeli flag is not safe on the streets of Calgary," Libin said.

Earlier in the day during an interview with News Talk 770, Chief Rick Hanson admitted police "dropped the ball."

Hanson said there was a "communication disconnect" that delayed the response of his officers by five minutes.

JEREMY NOLAIS/METRO

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Petition backs Midfield Park residents

Support grows online.

Calgary resident says city's actions are 'callous'

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Angry residents of a north-east mobile home park set for demolition have dug their heels in the sand, and now an online petition has cropped up in support of their plight.

Residents of Midfield Mobile Home Park were given notice in May they would be evicted from the park by the end of September 2017. Originally, the city had planned on spending \$26 million to purchase a new plot of land south of 16 Ave NE for Midfield residents, but currently the plan has been halted.

The petition, found on gopetition.com and created by Calgary resident Mary Hodgkinson, aims to either keep the residents where they are, or for the city to follow through with their

original plan to find a new plot of land for the Midfield residents.

"I don't live in Midfield Park, nor should it matter," said Hodgkinson, who is in her 60s, about starting the petition. "What matters is, I have never in my born days heard of something so callous as this."

In the current proposal, eligible residents will be paid \$10,000, and will also be paid the cost of moving their homes, up to another \$10,000. Residents are responsible for finding their own contractor and negotiating their own prices for moving their homes. The entire park has to be cleared, which includes homes and other additions such as sheds or porches.

The park, which is on city-owned land, has had water and other infrastructure problems for several years. Repair of underground pipes has proven difficult because they lie directly beneath people's homes, rather than city streets.

Some residents of the park support the petition.

Resources

The park was developed in 1968 by Richfield Development Corporation in land leased from the city.

- The residents being evicted are given access to assistance programs, like elder care and financial consultation.
- The city will reimburse tenants up to a maximum of \$500 for legal fees with respect to obtaining independent legal advice.

"I don't think the city should be allowed to get away with it. I think they need to honour the commitment they made," said Debby Kok.

"We were promised for years a place to go, and now it's been ripped out from under us."

Ward 9 Coun. Gian-Carlo Carra refused to comment on the petition until he had received it.



Midfield Mobile Home Park residents were told they were being removed from their plots by September 2017. Now an online petition has been created to halt their dismissal or ensure they have places to live. KEN VAN DE WALLE/FOR METRO

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Farmers' market feeds desire for local goods



Nathan Gareau shows off one of his many handmade knives, which were for sale at the Downtown Farmers' Market Wednesday. KEN VAN DE WALLE/FOR METRO

One day only. Crowds shop wares outside Livingstone Place

KEN VAN DE WALLE
calgary@metronews.ca

Here today, gone tomorrow. But back again soon.

Core residents and working crowds alike got a fresh taste of country life with the one-day Downtown Farmers' Market.

On Wednesday, different shops and vendors set up their wares outside the Livingstone Place office centre at 2 Street and 3 Avenue

SW. This is the fifth year the market has run.

"It's a lot of good food, and a lot of people who want to cook for themselves," said Nathan Gareau, a vendor at the market working for Knifewear, sellers of handmade Japanese knives and men's grooming equipment.

"A lot of people down here are often limited for time; they want something that's going to make their lives a little easier, and be a little more enjoyable or relaxing when they're at home."

Aside from the shopping, Calgary's ever-present food trucks were there to help feed the hungry shop-

pers. While they filled their empty stomachs, live musical performances provided shoppers with entertainment.

"It's just something we do as a courtesy for our tenants. They love the farmers' market, and we wanted to bring the farmers' market to them," said Nancy Strome, tenant relations manager with real estate advisor Bentall Kennedy.

"It's so hard to get to them on the weekends, and there's no fresh produce downtown, so we have a lot of wonderful vendors."

The Downtown Farmers' Market will be held again on Aug. 20.



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Deadly plane crash occurs during landing in Taiwan

Flight GE222. At least 47 people killed when airplane carrying 58 crashes during second landing attempt

A plane trying to land in stormy weather crashed in Taiwan Wednesday, killing at least 47.

The ATR-72, operated by Taiwan's TransAsia Airways, was carrying 58 passengers and crew when it crashed on the island of Penghu, authorities said. The plane was arriving from the city of Kaohsiung in southern Taiwan.

Two people aboard the plane were French citizens and the rest Taiwanese, Transport Minister Yeh Kuang-shih said.

The crash was Taiwan's first fatal air accident in 12 years and came after Typhoon Matmo passed, causing heavy rains that continued into



Rescue workers survey the wreckage of TransAsia Airways flight GE222, which crashed while attempting to land in stormy weather on the Taiwanese island of Penghu late Wednesday. WONG YAO-WEN/THE ASSOCIATED PRESS

Wednesday. Some 200 flights had been cancelled earlier that day.

The death toll was 47 on Wednesday, according to Wen Chia-hung, with the Penghu

disaster response centre. Eleven others were injured and authorities were seeking one person who might have been in a house struck by wreckage.

President Ma Ying-jeou

called it "a very sad day in the history of Taiwanese aviation," according to his office, the state Central News Agency reported.

THE ASSOCIATED PRESS

Flight 17 tragedy. Bodies of Malaysia Airlines victims arrive in the Netherlands

Two military transport planes carrying 40 coffins, bearing victims of the downed Malaysia Airlines Flight 17, landed Wednesday in the southern city of Eindhoven, Netherlands.

Six days after the Boeing 777 was shot down over eastern Ukraine, the first bodies finally

arrived in the country that bore the heaviest toll in a crash that 298 people.

Dutch officials said they have taken charge of the stalled investigation of the airline disaster and pleaded for unhindered access to the wreckage.

THE ASSOCIATED PRESS



A coffin is carried during a ceremony marking the return of bodies of people killed in the downing of Malaysia Airlines Flight 17 at Eindhoven, Netherlands, Wednesday. Scan with your Metro News app for video. PHIL NIJHUIS/THE ASSOCIATED PRESS

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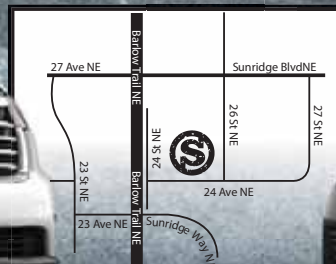
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AIDS group sues landlord, citing 'discrimination'

HIV phobia? Ottawa
landlord allegedly ends
contract on day not-
for-profit picks up keys



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An Ottawa AIDS organization is suing a landlord and real estate agency over allegations of discrimination and "HIV phobia" after the building owner ended its lease.

The AIDS Committee of Ottawa signed a lease for the fourth floor of 240 Bank St. in May 2013 and was due to move in the following October. But on the day the not-for-profit organization went to pick up keys for the build-

ing, the landlord allegedly terminated the contract.

The ACO had planned to provide safe injection and safe inhalation supplies and install a shower, laundry facility and kitchen. But the landlord claimed those plans violated the lease.

According to court documents the ACO is seeking \$35,000 in damages for discrimination on the basis of disability. The plaintiff's statement of claim calls the lease termination move "high-handed, malicious, arbitrary and highly reprehensible."

It also alleges the landlord expressed concerns the ACO's participants would spread lice to other visitors in the building, pose security risks in the stairwells and "have to share the hallways" with other visitors. The allegations in the

claim have not been proven in court.

"We felt that ... it was discriminatory and there was some HIV phobia involved in the stance that the landlords took," said Khaled Salam, executive director of ACO.

The landlord — named as 240 Bank Street Holdings Limited — denies the accusations.

The ACO never dealt directly with the landlord prior to signing the lease. Real estate agency Cushman & Wakefield Ottawa acted as the dual agent, according to the landlord's defence claim.

The landlord also claims it was "misinformed" by Cushman & Wakefield and never knew of the ACO's plans to build a laundry room, kitchen and provide safe injection supplies.

Record-attempt flight

U.S. teen killed in plane crash

A U.S. teenager who was attempting to set a record for an around-the-world flight has died in a crash over the Pacific Ocean, a family spokeswoman said Wednesday.

Annie Hayat said the plane flown by 17-year-old Haris Suleman went down shortly after leaving Pago Pago in American Samoa on Tuesday night. Suleman and his father, Babar Suleman, were on board.

Hayat said the body of Haris Suleman had been recovered, but crews were still looking for his father.

Federal Aviation Administration spokesman Ian Gregor said the single-engine Hawker Beechcraft plane crashed into the ocean Tuesday night under unknown circumstances. The tail number provided by the FAA shows the plane is registered to a limited liability corporation whose address matches Babar Suleman's home address in Indiana.

THE ASSOCIATED PRESS



Footprints show Tyrannosaurs may have travelled in packs

Well-preserved fossil footprints, shown in a handout photo provided by the Peace Region Palaeontology Research Centre, were found in northeastern B.C. The prints offer the first trackway evidence that Tyrannosaurs may have travelled in packs. The dinosaur footprints preserved in the rock near Tumbler Ridge provide a glimpse at the beasts that roamed the region 70 million years ago. PEACE REGION PALAEOLOGY RESEARCH CENTRE/THE CANADIAN PRESS



A Palestinian medic carries a wounded girl to a treatment room of Nasser hospital, following an Israeli airstrike at her family's house in Khan Younis in the southern Gaza Strip on Wednesday. HATEM ALI/THE ASSOCIATED PRESS

Israel and Palestine also fighting PR war

'Battle in the modern age.' Technology, social media exponentially increase propaganda from Israel, Hamas

Beyond the boom of Israeli airstrikes and the stream of rockets fired from Gaza, Israel and Hamas are also battling to control the message emanating from this latest Israeli-Palestinian conflagration.

Using videos, Twitter, text messages, leaflets and phone calls, both sides have attempted to direct the tone of the fighting — for their own public, their opponent's population and for a global audience. Propaganda is nothing new in battle, but technology and social media have exponentially increased the ability of each side to penetrate their intended audiences.

Israel has tried to make its case that it is defending its citizens from unprovoked attacks



The Israeli Defence Forces website shows an artist's rendition of a neighbourhood in Gaza in an attempt to support Israeli government claims that Hamas is using hospitals, mosques and residences to hide, store and fire rockets. IDF WEBSITE/THE ASSOCIATED PRESS

but taking steps to avoid killing civilians on the other side. Hamas has appealed to the world by pointing to the high civilian death toll from Israel's onslaught on Gaza. Israel and Hamas are each addressing the other's populations as well.

Israel has pushed the mes-

sage to Palestinians in Gaza that the territory's Hamas rulers are to blame for the bloodshed. In phone calls that the military makes to Gazans to tell them to evacuate their homes before a strike, the recorded script in Arabic also tells them that Hamas is using them as human shields.

Hamas, in turn, has sent text messages directly to Israelis, warning them that the group will continue firing rockets at them until its demands — like the end of the long-stifling blockade of the tiny Gaza Strip — are met.

"This is a war over public opinion," said Yuval Dror, an expert in digital communications. "It's an inseparable part of battle in the modern age."

Israel says it launched the war on July 8 in response to heavy rocket fire out of Hamas-controlled Gaza. By midday Wednesday, at least 657 Palestinians and 31 Israelis were reported to have been killed in the fighting. **THE ASSOCIATED PRESS**

Gaza Strip ceasefire talks

'Still work to be done': John Kerry

Israeli troops battled Hamas militants on Wednesday near a southern Gaza Strip town as the U.S. Secretary of State John Kerry reported progress in efforts to end fighting.

But neither side appeared to be backing down, after Palestinian rocket fire led sev-

eral international airlines to cancel flights to Tel Aviv and Israeli troops clashed with Hamas near the Gaza town of Khan Younis in heavy fighting that forced dozens of families to flee.

Kerry flew into Tel Aviv despite a Federal Aviation Administration ban following a Hamas rocket that hit near the airport the day before, reflecting his determination to achieve a ceasefire. He met with Israeli Prime Minister

Benjamin Netanyahu after earlier talks with Palestinian President Mahmoud Abbas and U.N. chief Ban Ki-moon, who is also in the region.

In Jerusalem, Kerry said negotiations toward a Gaza ceasefire were making some progress as he met for a second time this week with Ban.

"We certainly have made steps forward," Kerry said. "There's still work to be done." **THE ASSOCIATED PRESS**

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Was Dumb Starbucks a smart parody?

Canadian comedian Nathan Fielder stands outside parody store Dumb Starbucks in Los Angeles in February. Fielder, who came up with the fake-store concept (it was shut down for not having proper permits), will discuss its origins and aftermath on the July 29 episode of Comedy Central's *Nathan For You*. So far, Fielder, Comedy Central and parent company Viacom have escaped legal action. Fielder said the shop was a parody about the power of corporate branding that exceeded his expectations and ended up provoking discussion about how people consume art.

THE ASSOCIATED PRESS FILE

Anti-poverty charity bilked of \$9M, ex-CEO off to prison

The politically connected former CEO of a prominent New York City charity was sentenced to prison Wednesday for helping to steal more than \$9 million US from the anti-poverty organization.

William Rapfogel, who once headed the Metropolitan Council on Jewish Poverty, will serve a term of 40 months to 10 years. His wife and other supporters looked on as he was led out of court, uncuffed, to start serving his term.

He pleaded guilty in April

to grand larceny, money laundering and other charges in a case that rattled city and state political circles.

He also has paid \$3 million in restitution.

Rapfogel became the executive director of the Met Council, as it is known, in 1992. He soon joined several conspirators in conniving to overcharge the charity for insurance so they could pocket the difference, state prosecutors said.

"Over a 20-year period of

time, he conspired with others to steal over \$9 million, and personally stole over \$1 million, from the people who needed it most, to benefit himself and his lifestyle," Assistant Attorney General Gary Fishman said at the sentencing.

He used \$27,000 of that money to pay a contractor working on his home, and he had more than \$400,000 in cash hidden in his home when investigators searched it in 2013, authorities said.

THE ASSOCIATED PRESS

What day of the week is best to fly?

Flying on the cheap.

Travel website Kayak breaks down when to travel to save money

Canadians should look to fly on a Tuesday if they're travelling domestically or on a Thursday if they're leaving the country, suggests data from the travel website Kayak, which is looking back on its first year in Canada.

The search engine for flight, hotel and car rental deals crunched the numbers behind how Canadians searched for travel since it launched here last May and found there were fairly consistent trends in pricing.

On average, domestic flights in Canada were cheapest if departing on a Tuesday and returning on a Friday. Flights leaving on a Thursday and returning on a Sunday tended to be most expensive.

International flights taking off from Canada were typically best priced on Thursdays with a return flight on a Monday. Departing on a Monday and returning on a Friday resulted in the most expensive tickets.

"These trends we're see-

More tips from Kayak

- Flying on Saturdays or Sundays can be 15 per cent more expensive.
- January is, on average, the cheapest month to fly with fares that can be almost 20 per cent less expensive.
- If travelling in the summer, June and July usually have better deals available than in August.
- For European travel, look to book a flight between eight to 10 weeks in advance for best pricing. For travel to Asia, booking nine to 10 months out offers the best chance of a good deal.

ing in Canada are not that different from the trends we're seeing in other countries," said Debby Soo, a vice-president with Kayak, which handles 100 million searches a month.

"Often times you hear that flights departing on Tuesdays are the cheapest and I've seen that trend in the U.S. and in some markets in Europe."

THE CANADIAN PRESS

Market Minute



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GOLD
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Natural gas: \$3.76 US (no change)
Dow Jones: 17,086.63 (-26.91)

From Toronto area

Companies fined for calling people on do-not-call list

Four Toronto-area companies have paid \$84,000 in penalties for allegedly violating telemarketing rules by calling people registered on the National Do Not Call List, Canada's telecom regulator said Wednesday.

The Canadian Radio-television and Telecommunications Commission said the companies — Ecosmart Home Services Inc., Loyal Seal Windows and Doors, Home Comfort Group and Pegasus Peaks — called people directly or through a third-party firm.

As part of settlements, the companies have also agreed to end their current telemarketing practices and ensure future compliance with the law, the

federal agency said. The CRTC said it has also issued a notice of violation to a fifth company — Action Windows and Doors — along with a \$24,000 penalty.

"We are committed to ensuring that telemarketers respect the wishes of Canadians who do not want to be bothered by unsolicited calls," said the chief compliance and enforcement officer at CRTC.

THE CANADIAN PRESS

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CAN SOMEONE MAKE BAD ART OUT OF THIS?

Meeting the parents is an important milestone in any relationship, like the first time you pee with the bathroom door open or throw a shoe in anger.

The first meeting can be nerve-racking. Recently my newish girlfriend and I flew to my hometown of Saint John and made the typical hair-raising landing into a fog bank. ("We're beginning our final descent into Saint John, ladies and gentleman. If anyone sees the runway, please let us know.") Devon was gripping her armrest but it was the family, not the fog, that had her feeling tense.

I wasn't worried. Devon's a lovely woman who was meeting my friendly family, and she had even bought a little gift for my mother. But in her racing mind the rendezvous had the potential to unfold like the first meeting between, say, Brad Pitt and Kevin Spacey in *Seven*. ("WHAT'S IN THE GIFTBOX?")

Of course it went fine. Within a few hours my girlfriend and my family were criticizing my lightning phobia and mocking my singing voice as if they had known each other for years. I'm glad I



HE SAYS
John Mazerolle
metronews.ca

could bring them together.

My parents are an easy test, but there's no guarantee it will be the same for you the first time you meet your partner's parents — until now. Here are my tips on how to make that first meeting go smoothly.

Meet the Parents, or Parental Guidance Suggested:

***Come prepared.** Practise with your partner for that first dinner by sitting at a long, imposing table under a chandelier and eating in stony silence.

***Showing up three hours early** will show that you take the meeting seriously.

***As they speak, stare non-stop,** correcting their grammar whenever possible.

***If the father asks what your intentions are toward his daughter, making the "squeaky bedsprings" noise** should make things pretty clear.

***Do your research.** Find out what you have in common with your new "Mom" and "Dad," be it a favourite muppet or a drinking problem.

***Act natural.** A straightforward, "Greetings, I am a law-abiding citizen of sound character who will pretend to take interest in your needlework and vacation photos" will help put them at ease.

***If things aren't going well,** don't be afraid to burst from the dinner table, out the front door and down the street, never to return again.

I hope to have these tips optioned by a major Hollywood studio, where they will be made into a mediocre trilogy of increasingly declining quality. I wonder if De Niro's free.

FINAL VOYAGE



People watch as the wrecked cruise ship Costa Concordia is towed by tugs after being refloated Wednesday in Italy. For more images of the Concordia, including a 2012 image of the ship capsized, scan this image with your Metro News app. ALL IMAGES EXCEPT LAST IN GALLERY LAURA LEZZA/GETTY IMAGES; LAST IMAGE THE CANADIAN PRESS FILE

Costa Concordia on its way to become scrap metal

The Costa Concordia cruise liner began its final voyage Wednesday, slowly being towed away from the tiny Italian island where it capsized more than two years ago, killing 32 people.

Boat sirens wailed and bells tolled on the island just before two tugboats pulled the Concordia away from Giglio's port, where the luxury liner ended up on its side in pristine Mediterranean waters, after being gashed by a reef it struck

when its captain steered too close to the island. The tugs are bringing the crippled ship on a four-day journey to the northwestern port of Genoa, which is home to the ship's owner, Costa Crociere Spa. The vessel will be scrapped there.

Accompanying the tugs and Concordia are several boats to monitor any pollution in the waters, which are home to dolphins. Nets have been attached to sides of the liner in case any remnants of the Concordia's last passenger cruise — dishware, pots and pans, bed linen, chairs and other furnishings — tumble out of the ship during towing.

A daring engineering

operation set the Concordia upright last September. Then, over the past few months, custom-built tanks, now filled with air to serve as kind of water wings to facilitate floating, were attached to the liner's flanks. The salvage master of the entire operation, Nick Sloane, said he felt a bit nervous before boarding a special command centre attached to the top of the Concordia to monitor the final voyage. An Italian naval admiral was also aboard.

Flying from the Concordia was the Italian flag, since regulations require the banner to be visible on the Italian-registered ship until scrapping.

THE ASSOCIATED PRESS

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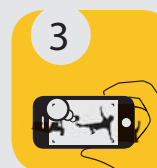
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Your move, France



ANDREW
FIFIELD
andrew.fifield@metronews.ca

Like most inventors worth their salt, British tinkerer Colin Furze has been called eccentric. And not without reason. Vacuum shoes, gadget crutches and wrist-mounted flamethrowers make up just a sample of his madcap machinations.

But this ... this takes the cake. In a nod to his country's centuries-old rivalry with France, Furze has created what's lovingly labelled as an enormous "fart machine," and he plans to drag it up the white cliffs of Dover tonight in hopes of creating international diplomacy's loudest raspberry. Colin Furze is the best. (colinfurze/YouTube)



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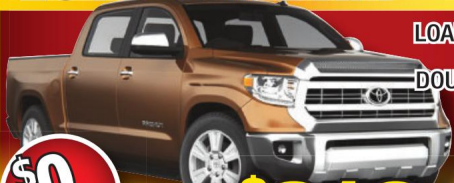


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Aside from wicked witches, show celebrates friendship

Wicked. Touring production of the hit Broadway musical is in town for a month-long run at the Jubilee Auditorium



BACKSTAGE PASS
Lisa Wilton
calgary@metronews.ca

It takes more than 100 people to get the hit musical Wicked out of the touring trucks and onto the stage.

One of those people is company manager Ryan Lympus, who has worked with a North American touring production for the past year.

This particular troupe, one of four Wicked touring companies in North America, recently finished a successful run in Edmonton and has brought the Tony Award-winning Broadway show to Calgary for a month-long run at the Jubilee Auditorium.

Lympus, who has worked behind the scenes on New York City productions of Altar Boyz and Avenue Q, sees his job as three-pronged.

"One of the things I do is manage the logistics of the tour," he explains. "This can mean helping company members find the closest laundromat or bank, or finding out where the nearest postbox is so they can send a letter. Anything to make their life on the road a little easier."



Laural Harris plays Elphaba, the Wicked Witch of the West, in the Broadway musical Wicked, which runs until Aug. 17 at the Jubilee. JOAN MARCUS

Wicked world

Wicked plays at the Jubilee Auditorium until Aug. 17. For tickets, go to Ticketmaster, ticketmaster.ca or call 1-855-985-5000

- The show has run on Broadway since 2003 and has been the highest-grossing musical for nine consecutive years
- Wicked has won three Tony Awards, one Grammy and six Drama Desk Awards

He's also thrilled to be working with a show that is one of most successful musicals in Broadway history.

A kind of prequel to The Wizard of Oz, Wicked focuses on the relationship between Elphaba, the Wicked Witch

of the West and Glinda, the Good Witch of the North.

"The story is so clever," Lympus says. "It's based on something we're so familiar with. It shows how they came to be who they are, and questions whether they're actually wicked or good."

"It's such a beautiful story of friendship ... The show is spectacular. The dancing and songs are really extraordinary and these actors and actresses are phenomenal. I mean, who doesn't love that world of the Emerald City?"

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Imelda May isn't ready to settle down

Rockabilly rebel.
Singer loves wandering in life and in her musical endeavours

LINDA LABAN
Metro World News in Boston

Imelda May is one of the biggest stars in Ireland right now and it's thanks to the likes of Johnny Burnette and Wanda Jackson, original American rockabilly rebels who inspired the Dubliner's career. However, as May's upcoming fall release *Tribal* proves, her musical wanderlust includes more than rockabilly, and encompasses blues and jazz,

too.

"I love the rockabilly world. It's the original punk rock," says May. "But it's not natural for me to put myself in one area. There's loads of other music I don't want to ignore."

Tribal debuted at No. 1 in Ireland and No. 3 in the U.K., but the record isn't released in the U.S. until September.

May and her band, which includes her guitarist husband Darrel Higham, added American dates to their summer touring agenda and will follow with more in the fall.

Metro caught up with May during the European jaunt as the band's tour bus wound its way through the Pyrenees.

"We're about four hours drive in from Barcelona and

just about at the border of France," says May, glancing out of the bus window.

"There's snow on the mountains and it's so beautiful."

Call that a perk of the rock 'n' roll lifestyle, which May says is all she's ever known: "I started in pubs and clubs when I was 16 and I turned 40 yesterday," she says. "So, I've been gigging for 24 years non-stop. It's fun; I don't know what else I'd do."

Another perk is meeting musical heroes: Imelda May has shared stages with Chuck Berry, Pink Floyd's David Gilmore, Shane MacGowan, Van Morrison, Jeff Beck, Jamie Cullum, and one special star: Wanda Jackson, the original rockabilly queen.

"I get to meet great people and create great stories along the way. I'm a big believer in working hard, manners, talent, and a little bit of luck," May says.

"I'm very lucky in the people I work with and the people I get to meet."

AUGMENTED REALITY

→ Scan this photo with your Metro News app to see a video of Imelda May's song *Wild Woman*!



→ See the full instructions on Metro's Voices page.

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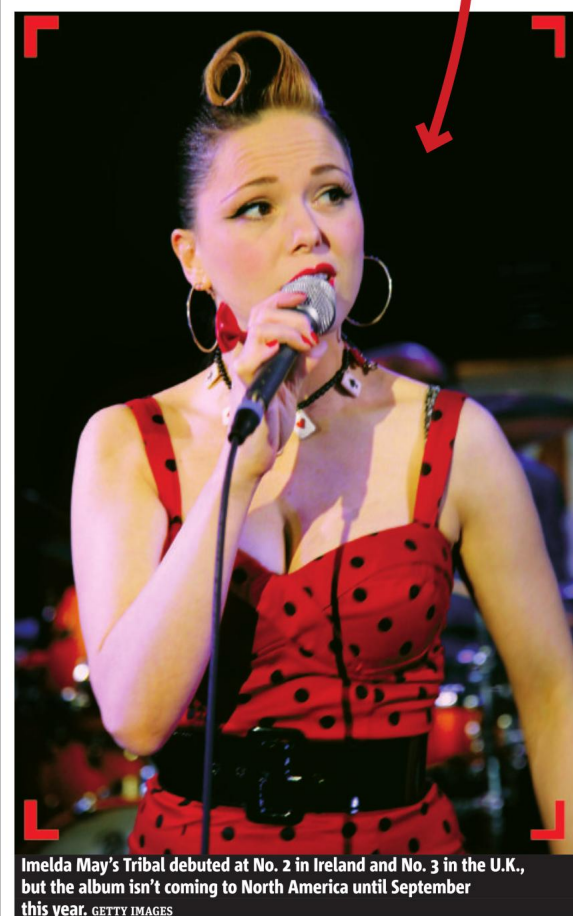
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Imelda May's *Tribal* debuted at No. 2 in Ireland and No. 3 in the U.K., but the album isn't coming to North America until September this year. GETTY IMAGES

Fawning over the '50s

Rockabilly rebels not only love the music, but the culture and 1950s style as well: "I love the excitement and the clothes," says May.

"I love the statement. If you listen to Johnny Burnette and

Wanda Jackson, they broke all the rules.

"The rockabilly scene is growing around the world. I've never met a rockabilly fan who wasn't totally passionate about the lifestyle, too."



Naya Rivera ALL PHOTOS: GETTY IMAGES

Naya Rivera full of Glee as she weds in Cabo San Lucas

Here's one way to kill time while your TV series is on a break from filming: Glee star Naya Rivera married boyfriend Ryan Dorsey in a small, surprise ceremony earlier this week in Cabo San Lucas, Mexico, according to People magazine. "We feel truly blessed to be joined as husband and wife," the newlyweds tell

the magazine. "Our special day was fated and everything we could have ever asked for." Apparently that includes Instagram misdirection, as Rivera spent much of her wedding day posting paparazzi photos of her and Dorsey horsing around on the beach but failed to mention anything important happening that day.



Peaches Geldof

Coroner rules Geldof died of heroin overdose

Peaches Geldof's death in April has officially been blamed on a heroin overdose, British coroner authorities declared earlier this week. Geldof's husband, musician Thomas Cohen, has previously stated that the model and TV personality had been tak-

ing methadone since 2011 to combat her heroin addiction but had relapsed two months prior to her death. The authorities also reported that a "fatal range" of heroin was found in Geldof's system, along with traces of codeine, methadone and morphine.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Now that Eva's pregnant, will Ryan be building her a house?



NED EHRBAR
Metro World News in Hollywood

It looks like fans weren't the only ones surprised by news that Eva Mendes and Ryan Gosling are expecting a baby.

"It was completely unplanned," a source tells Radar Online of the pregnancy.

"Ryan was surprised, especially because they had broken up early last year, only to get back together."

That's a fine how-do-you-do. Gosling's apparently totally on board with the idea now that he's gotten over the shock of impending fatherhood, and there seems to just be one more issue for the couple to tackle: Where to put the crib.

"(Ryan's) house is quite small, and only has two bedrooms," the source explains. "Eva has been looking for a bigger house to live in with Ryan once the baby is born."

Boy, I hope these two scrappy kids can get a mortgage.



Twitter



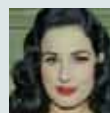
@KellyOsbourne

Everyone should have a #PartyTrick! Mine is that I'm double jointed everywhere!



@oliviawilde

Can someone please write a romantic comedy set in the real estate world called "Looking Foreclosure"? I've been waiting long enough.



@DitaVonTeese

When will someone make a bullwhip emoticon?



Simon Cowell

Simon Cowell is not gay, OK?

Simon Cowell would like to take this opportunity to reiterate the world that he is not, in fact, a homosexual. The talent show guru's name came up unexpectedly in court in the U.K. last week when a recorded conversation found Cowell's ex-manager, Gareth Valey, and a man identified as Mazher Mahmood discussing whether Cowell is gay, which Valey claims to be the case. "I know people who have" is the evidence he gives on the recording. Well, Cowell's rep is more than eager to point out that this is all patently untrue

and Cowell is definitely not gay, even making sure to toss in the mandatory "not that there's anything wrong with that" clause. "In 2014, the question of whether someone is or is not gay is antiquated. As it happens he isn't, though if he were, he would simply have said so," Cowell's attorney says. "However, the issue was the false suggestion made by Mr. Valey that Simon — who is renowned for his honesty and candidness — had thus not been truthful in the public arena and this is what we have been obliged to clarify."

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HOMES

Go ahead and jump: The sleek suit is seeing its day once again

Full-body fashion. It was a staple of '70s and '80s fashion, but the recent revival of the jumpsuit has cemented the stylish staying power of the all-in-one look

"I've never worn them before and now I'm totally sold," said Canadian Living fashion and beauty director Julia McEwen, who has recently added four jumpsuits to her wardrobe.

"It's like a dress in the same way that it's one-piece dressing. If you want to style it and add elements, go for it. But you don't have to. It looks fabulous just the way it is."

Pop star Rihanna, model Chrissy Teigen and actress Jennifer Garner are among the notable names who've recently stepped out in one-piece getups.

"They look chic, and when done right, (it) doesn't look out of place, but rather stands out among cocktail dresses," noted Sharon Ng Hayes of The Backseat Stylists, a Toronto-based fashion and style blog.

H&M Jumpsuit,
\$49.95
HM.COM/CA/



GUESS Halter Denim Jumpsuit,
\$148, GUESS.CA

Of clothes and curves

"A jumpsuit 99 per cent of the time will highlight the waist — like a belt at the waist — which is something that's super-flattering on all body types."

Alison Michelle
Founder and lead stylist at King & Fox

Ready to master the one-piece? Some expert style tips.

Ensure you have the proper fit

Alison Michelle, founder and lead stylist at King & Fox, a Toronto-based styling firm, said while the jumpsuit may be intimidating, she believes it's

"one of the most flattering pieces you can own."

"A jumpsuit 99 per cent of the time will highlight the waist — like a belt at the waist — which is something that's super-flattering on all body types,



Model Chrissy Teigen arrives at the ESPY Awards at the Nokia Theatre last week in a sexy full-piece jumpsuit. JORDAN STRAUSS / THE CANADIAN PRESS

whether you want to create curves or hide certain body parts."

Michelle said a good starter jumpsuit is a halter or tank top style that's fitted at the waist with a slightly wider leg in a solid dark colour.

"It's the flexibility of it — the same as a little black dress."

Regardless of your height, Michelle said pant length is key.

"There's nothing for me that I find more unflattering than seeing someone in a full-length jumpsuit — especially in a wider leg — that's not hitting the

floor with the shoes," she said.

Make sure you can comfortably dress and undress

Unlike unzipping a pair of pants or hiking up a skirt when visiting the restroom, donning a jumpsuit requires the wearer to completely remove the outfit.

"I didn't even realize that until this year when I first got one. (I thought): 'Oh, this is kind of awkward, I'm at work and I'm shirtless,'" McEwen said.

"I don't know. I mean, that's just something you have to get

Do hue

Select a colour and pattern close to your comfort zone

- Michelle acknowledged that the jumpsuit is "a lot of look" and that some be reticent to wear a very loud print or bold hue.
- "If you're going to go with a pattern (go with one that is) maybe more subdued, or kind of a paisley, or do it in navy or creams instead of the bright colours."
- If wearing all one colour is too much, consider adding a piece to break up the ensemble like teaming it with a sleeveless blazer or vest, McEwen suggested.

down with," she added with a laugh.

Ng Hayes has been hooked on jumpsuits since buying her first one last year — a black lace sleeveless design. With her newfound style obsession, she's come to accept the added challenge that can come with wearing a one-piece.

"Every time I wear a jumpsuit, I joke about the difficulties of using the restroom, but I find them just so much fun to wear that I think it's worth the complication."

McEwen said selecting a model that isn't too fitted is key: "If it is more fitted, you want to make sure you have more of a structured material because I find that it can cling in weird areas."

THE CANADIAN PRESS



Canadian street style

Spotted in Toronto

Name: Joey

Age: 23

Occupation: Fundraiser

What she's wearing:

Nike runners, Zara pants, Aritzia shirt, Zara jacket, Kate Spade purse.

Her inspiration:

"My mom and my best friend. My mom owns a fashion company and my best friend is a fashion designer."

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT — AN E-NEWS-LETTER PROGRAM — AND A WEEKLY NEWS-PAPER SECTION, TOO!

Hairy legs are trendy now thanks to a Tumblr blog called Very Hairy Legs — but would you ever join the pro-body hair movement? Go online to Trends Report and see my list of pros and cons if you do decide to let your leg hairs go wild.



- Online.** Follow Irene on Twitter at @MetrolreneK or Instagram: kuanirene; metronews.ca/voices/trends-report

Photo via Getty Images

Find Eid inspiration in comforting dish



This recipe serves four to six. ROSA VITALIE, 2014

Moghrabieh & Fish Cakes with Preserved Lemons and Harissa. The Muslim holy month of Ramadan ends next week and while the religion is practised all over the world, its origins, like this dish, lie in the desert lands of the Middle East

"Moghrabieh comes from the word 'Maghreb,'" write Nadia Zerouali and Merijn Tol in their book *Under the Shade of Olive Trees*. "This Middle Eastern answer to couscous is basically a ball-shaped pasta, and here we've made a type of risotto with it. The moghrabieh is cooked in a delicious sauce that we seasoned with cinnamon and allspice, typical Middle Eastern seasonings."

1. Bring a large pot of water to boil. Using a sharp knife, slice a shallow X into the bottom of each of the tomatoes and

submerge them in the boiling water for about 1 minute. Peel the skin off the tomatoes and dice them.

2. Mince the onions. In a large frying pan, heat a generous amount of olive oil over medium heat and sauté the onions with the cinnamon and allspice for about 10 minutes, stirring frequently and lowering the heat to keep them from burning.

3. Add the tomatoes and mix in the moghrabieh as well. Add 4 1/2 cups (1 l) water and about 1/2 teaspoon salt. Cook the pasta over low heat for about 30 minutes, stirring frequently toward the end, until it is thick and creamy like risotto. (Add some water if the pasta is cooking dry.) Season with salt if needed.

4. Remove the pulp from the preserved lemon and slice the peel into thin strips. In a food processor, purée the fish with the preserved lemon, parsley, garlic, and harissa. Season with a pinch of salt. Shape the fish mixture into small, flat cakes

(this is best done with wet hands).

5. Heat some oil in a skillet (nonstick works best for these delicate patties) and fry the fish cakes until golden brown on both sides and cooked through, about 3 minutes per side. Serve over the moghrabieh.

RECIPE BY NADIA ZEROUALI AND MERIJN TOL, STEWART, TABORI & CHANGE, 2014

Ingredients

- 5 small vine-ripened tomatoes
- 2 small sweet onions
- Mild olive oil
- 1 tbsp cinnamon
- 1/2 tsp allspice
- 1 3/4 cups (350 g) moghrabieh (Lebanese couscous) or Turkish barley pasta
- 1/2 preserved lemon (find them at Middle Eastern grocery stores)
- 14 oz (400 g) halibut, striped bass, or other firm white fish
- 1 bunch flat-leaf parsley, chopped
- 1 clove garlic, chopped
- 2 tbsp harissa (a spice sold at Middle Eastern grocery stores)

Cookbook of the Week

Transport yourself to a delicious region

Nadia Zerouali and Merijn Tol travelled across Morocco, Tunisia, Syria, Lebanon, and other Middle Eastern lands to document the varied cuisine of the region in *Under the Shade of Olive Trees*. Readers are taught about ingredients through more than 100 recipes. **METRO**

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Pricing in effect Thursday, July 24 to Sunday, July 27, 2014. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. We reserve the right to limit quantities. GST is extra where applicable.

Back-to-campus chic on the cheap

School days. How to furnish a room that's big on style even on the tiniest of budgets

Question: I am 26 and going back to university. I will be renting an unfurnished room and am looking to outfit it with a lot of style but without a lot of money. Any suggestions?

— Allison M., via email



DESIGN CENTRE
Karl Lohmes
home@metronews.ca

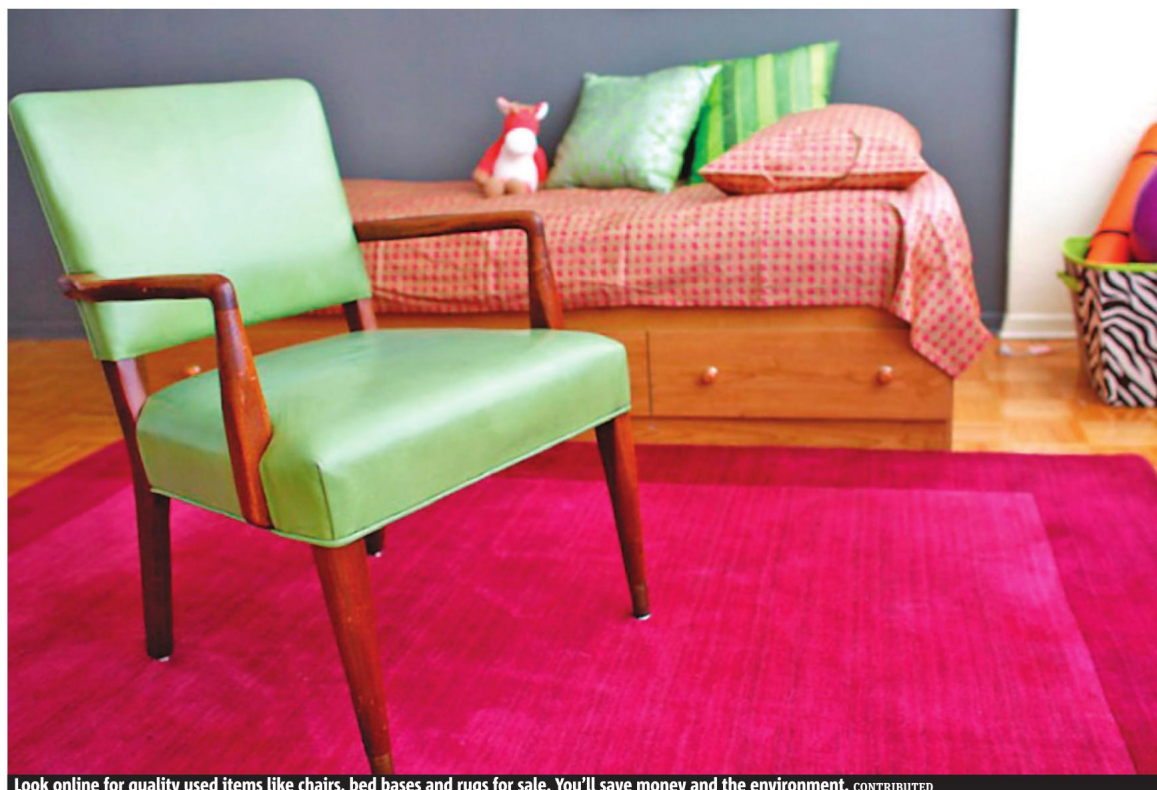
Start with planning out the room's large furniture pieces.

A captain-style bed frame (with drawers underneath), a vintage desk with storage and a bookcase are a good start. I suggest looking online at local classified sites (like Kijiji.ca and Craigslist) for local sellers who are close to the area you are moving to.

Purchasing used furniture pieces can not only save you money, but is very good for the environment and you tend to get better quality furnishings. If the seller is close to the area you are moving to, ask them to deliver your furniture pieces directly to your new place.

Once you have found the large furnishings, you can move onto the fun part of accessorizing your room with practical, yet attractive, things.

Look at off-price members' clubs for great deals on a new mattress, DIY home stores for the best deals on countertop appliances and desk lamps, and big-box stores for items such as bedding and towels.



Look online for quality used items like chairs, bed bases and rugs for sale. You'll save money and the environment. CONTRIBUTED

Co-ordinate with style

- **DO** choose one of the top three colours in your bedding and take inspiration from there. Towels, laundry bags and drapes that have colours co-ordinating with the bedding help to tie the space together.
- **DON'T** paint walls a trendy colour. Most landlords will insist the room be painted back to its original beige before you leave. Use large bulletin boards to hang colourful art work to help hide boring walls.
- **DO** look for LED up-lights that can wash the walls with some colourful lighting — it's an instant mood-setter for your room at night!
- **DO** buy furnishings that are proportionate to the room's size.



Bedding, towels and a mattress topper are co-ordinated in one easy set. Reagan Fuschia Twin 11-Piece Varsity Campus Collection, \$130. BEDBATHANDBEYOND.CA



A multi-purpose counter appliance can heat water for coffee, tea or soup. Salton Instant Hot Water Dispenser, \$60. WALMART.CA



A lamp that reduces the use of electricity and also charges your cell phone is a multi-use money saver. Solarland Desk Lamp, \$32. HOMEDEPOT.CA



Swash 10-Minute Clothing Care System. YOUTUBE

Swash. An at-home alternative to doing laundry

A new at-home clothing care system that reduces wrinkles, refreshes fabric and restores fit in just 10 minutes to keep outfits looking good between washes could be the next big thing in home appliances.

Swash allows people to reduce or eliminate ironing, save on dry cleaning and

better care for and preserve clothes at the push of a button, claim makers Proctor & Gamble and Whirlpool.

The design uses an integrated tension system to gently hold clothes in place, while an advanced spray technology applies a uniquely designed solution to the clothing. A

rapid thermal drying function then dries garments quickly.

P&G and Whirlpool created the product after discovering that people are increasingly reluctant to excessively launder or dry clean their clothing for fear of damage. Cost is also a factor — people who dry clean at least once a month spend over \$750 a year on the service, according to the brands.

Swash is currently available for pre-order at Bloomingdale's stores and on Bloomingdales.com for \$499.99 US.

AFP

Touch-of-a-button solution

"People want a simpler and quicker way to care for clothing."

Brett Dibkey, vice-president of Whirlpool Corporation's Integrated Business Units

No installation required

The system plugs directly into a standard 120-volt wall outlet and requires no water, plumbing, pipes, vents, special hook-ups or professional installation.

- Swash can be used on denim, wool, polyester, Lycra, cotton, cashmere, sequins, delicate beading and lace.



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Your defence against hail damage

Big Top Roofing and Exteriors

For Albertans looking to remodel or renovate their homes, making their home hail-resistant is key to the future of the home.

"It may cost more money in the short term, but you would recoup that cost in saving on insurance premiums and time in the long run," says David Bellingham, owner and general manager of Big Top Roofing and Exteriors. "You are also increasing property value and curb appeal by using higher end materials on your home."

Bellingham has run the company for 17 years, which has become a respected brand around Calgary and southern Alberta.

Many clients look at the short-term cost of fixing their roof instead of the more practical long-term investment, Bellingham says.

"When using hail-resistant products, you're basically reducing your insurance costs every year and you won't be forced to go through the challenges of remodelling every couple of years," he says.

Southern Alberta is in a hail belt and storms can cause millions of dollars of dam-



SHUTTERSTOCK

age every year. A 30-minute downpour in Calgary in 1991 resulted in 62,000 claims totalling \$237 million for property damage.

Bellingham recommends customers look at EuroShield roofing. The environmentally friendly rubber roofing has a reputation for superior value, beauty and safety while

withstanding heat, wind, snow, rain and, yes, even hail.

For siding, very few materials can beat hardie board — a composite cement siding.

Bellingham points to a report from the Insurance Bureau of Canada that estimates the major hail storm that hit Calgary in 2013

WARRANTY ON ALL COMPLETED WORK

Big Top Roofing and Exteriors has been serving Calgary for 17 years. Big Top is licensed, bonded, insured and members of the Albert siding and roofing associations and has worked diligently to become one of Calgary's most trusted companies. The company's high level of service and high-quality installations include a 10-year workmanship warranty on all completed work.

cost insurers \$550 million, which means insurance companies are forced to raise premiums to make up for the cost of repairs.

What's the benefit of getting hail-resistant roofing and siding? A lower insurance premium for homeowners and, in most cases, increased property value.

These products are also more sustainable and better for the environment. Other types of roofing, such as clay and concrete roofing, heavy gauge steel roofing and siding, as well as stone and rock products are all good defences against hail and weather damage.

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Week 5 pick



Stampeders at Eskmos.
Thursday, 7 p.m., TSN.

Another week, another big test for Mike Reilly and the surprising Edmonton Eskimos.

Last weekend, Reilly and Co., faced the Winnipeg Blue Bombers in a battle of 3-0 clubs. Reilly threw for 192 yards and a TD and added a game-high 96 yards rushing, while the Eskimos defence recorded five sacks en route to a convincing 26-3 victory.

The Eskimos (4-0) will host their archrivals, the Calgary Stampeders (3-0), on Thursday night as the Battle of Alberta becomes a showdown between the CFL's lone two remaining undefeated squads. Not bad for an Edmonton team that won just four games last year.

Reilly will have to share the spotlight with Calgary quarterback Bo Levi Mitchell, who is on a CFL record pace.

A win would be Mitchell's seventh straight to begin his CFL career, which would tie the league mark currently held by former Stampeders star Jeff Garcia. The third-year pro has been solid for Calgary, having thrown for 781 yards with six TDs against no interceptions, joining Ottawa's Henry Burris as the only league starters not to have been picked off.

Mitchell also sports the CFL's top efficiency rating of 116.2.

Calgary has also done a solid job of protecting Mitchell, allowing a league-low three sacks.

Pick: Calgary

Reilly running up wins for Eskimos

CFL. Edmonton QB exploiting opposing defences with his legs

Edmonton Eskimos' quarterback Mike Reilly is 4-0.

He's also a promise-breaker.

The six-foot-three pivot, coming off a 4-14 season of scrambling for his life out of a collapsing pocket, promised at the start of this campaign that his days of leading the team in rushing were over.

Four weeks later, the Eskimos are undefeated and sit atop the CFL west heading into Thursday's clash of unbeaten against the 3-0 Calgary Stampeders.

Reilly leads the Eskimos in rushing with 24 carries for 199 yards, good for sixth overall in the CFL.

What about your promise, Mike?

"Ha!" he snorted after practice Wednesday. "I also said I want to win, too."

The numbers, he said, are misleading.

"We're not basing our offence around (my running). It's just a reaction to what the defences are doing," he said.

"If they're going to bring pressure on the edges and the middle is open, you've got to take advantage of it. If they're going to drop everybody off and not account for the quarterback you've got to take advantage of it."

It's not that Reilly isn't getting help.

Running back John White,



Mike Reilly rushes for a first down in the Eskimos' 26-3 win over the Blue Bombers in Winnipeg on July 17.

JOHN WOODS/THE CANADIAN PRESS

Quoted

"They give you so many variations, like slide protection or whatever they do, you can never get a good guess on exactly what they're doing."

Eskimos defensive tackle Almondo Sewell on the Stampeders' offensive line

after two starts, is just eight yards back (191 yards on 33 carries) and should soon overtake Reilly.

The five-foot-eight sparkplug has also done what head coach Chris Jones has demanded above all of his running backs: Throw blocks and

stand up defenders to protect Reilly.

In Edmonton's 26-3 win last week over Winnipeg, Reilly was a miracle worker, twice ducking out of sure sacks to scramble for big yards and keep drives alive.

Reilly will have his hands

full against the Stampeders' defence. Led by end Charleston Hughes and his three sacks, the defence has allowed just 30 points and one touchdown in three games. Hughes also leads the league in forced fumbles at three.

The Stamps are allowing just 71 rushing yards a game, best in the league.

In the momentum-changing giveaway-takeaway category, Calgary is plus-four, good for second place but far behind Edmonton's league leading plus-10.

THE CANADIAN PRESS

Cornish placed on six-game injured list



Stampeders running back Jon Cornish rushes the ball against the Alouettes in this July 12, 2013 file photo. RICHARD WOLOWICZ/GETTY IMAGES

The Calgary Stampeders have placed star running back Jon Cornish on the six-game injured list due to a concussion.

The league leader in rushing last year, Cornish suffered the injury when he was hit hard by Montreal Alouettes linebacker Kyries Hebert in the first week of the season.

The 29-year-old from New Westminster, B.C., was knocked out but did walk off the field on his own.

He will be eligible to return Sept. 6 when the Stamps play in Edmonton, although the team

Heavy ground attack

1,813

Jon Cornish led the CFL in rushing in 2013 with 1,813 yards.

has the right to activate him prior to that date if the situation allows. Despite Cornish's absence, the Stampeders are 3-0 this season.

The team says it wants to ensure Cornish doesn't return to the field prematurely.

"Jon continues to make progress in his recovery but we understand the importance of being extremely careful with this type of injury and we want to make sure Jon has all the time he needs to get completely healthy," Stampeders general manager and head coach John Hufnagel said in a statement.

"We look forward to having Jon back in the lineup and, in the meantime, other players have stepped up in his absence. I'm confident that will continue to be the case."

THE CANADIAN PRESS

4 SPORTS



Scots welcome Canucks

Flag bearer Susan Nattrass leads the Canadian team as it arrives at the Commonwealth Games opening ceremony at Celtic Park in Glasgow, Scotland, on Wednesday. The Canadians followed Nattrass, a seven-time world champion in trap shooting, to the tune of Arcade Fire's Rebellion (Lies) and a loud roar from the fans. Canada's 265 athletes hope to climb back onto the overall podium after finishing fourth at the Games four years ago in New Delhi. Scan the image with the Metro News app for photos from the opening ceremony. ANDREW VAUGHAN/THE CANADIAN PRESS

Champions League

Soccer game pulled from Ukraine

Ukrainian football club Dnipro Dnipropetrovsk says UEFA has moved the first

leg of its Champions League qualifier against FC Copenhagen out of eastern Ukraine.

The city of Dnipropetrovsk had previously been approved by UEFA despite the conflict in Ukraine.

THE ASSOCIATED PRESS

Mets' Colon flirts with perfection

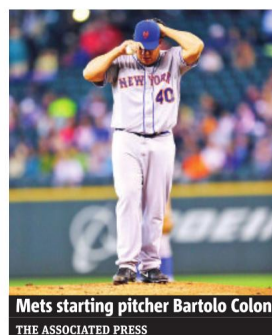
MLB. Pitcher falls just short of making team history as he continues to dominate Marlins

While trying to help his batters solve Bartolo Colon, Seattle manager Lloyd McClendon couldn't avoid thinking about the possible outcome as the later innings arrived.

The idea of Colon tossing a perfect game never left McClendon's mind until Robinson Cano's two-out single in the seventh inning.

"I'd be lying if I said I didn't think about it. It was definitely a possibility," McClendon said.

Colon came within seven outs of a perfect game, giving up a single to Robinson Cano with two outs in the seventh inning, and the New York Mets held off a late rally to beat the Mariners 3-2 on Wednesday.



Mets starting pitcher Bartolo Colon
THE ASSOCIATED PRESS

The 41-year-old Colon retired the first 20 batters he faced before Cano lined a 2-2 pitch into left field. Colon turned and applauded as the ball bounced to left fielder Eric Young Jr., knowing his shot at throwing the first perfect game in Mets history was gone.

"You're a little disappointed when they get a hit, but that's what they're trying to do," Colon said through an interpreter.

On Wednesday

3

Mets

2

Mariners

"They're trying to get a hit and break up the no-hitter."

Seattle rallied in the eighth and ninth innings but wasn't able to pull even, another disappointing day where the Mariners' need for additional offensive punch was at the forefront.

Colon (9-8) improved to 13-1 all-time at Safeco Field, including his dominance of the Mariners when he was pitching for the Angels. Seattle had no answers for the rotund right-hander, who gave up two runs and three hits in 7-1/3 innings.

"He was a Cy Young class guy," Cano said.

THE ASSOCIATED PRESS

Cory Sarich

NHLer airlifted to Calgary hospital

Free-agent NHL defence-man Cory Sarich is recovering in a Calgary hospital after a cycling accident this week.

His agent, Tim Hodgson, released a statement Wednesday saying that Sarich was airlifted to the hospital after being hit by a motor vehicle in Invermere, B.C. The release said the extent of Sarich's injuries isn't known, but were not considered life-threatening. He remains in stable condition.

The 35-year-old Sarich said it's been "a rough couple of days and I'm grateful for the support I've been receiving."

THE ASSOCIATED PRESS

Matt Barnes

Clipper trying to find aunt's killer

Los Angeles Clippers forward Matt Barnes is asking for the public's help to track down the man police say killed his aunt in Northern California.

Barnes took to his Twitter and Instagram accounts Tuesday, asking anyone who knows the whereabouts of 51-year-old Michael Williams of Sacramento to call police.

Barnes also posted photos of Williams on his accounts. Williams is married to Barnes' aunt, 48-year-old Tanganyika Williams.

THE ASSOCIATED PRESS

MLB

Blue Jays able to overpower Sox

Forced to go swing-for-swing with the Boston Red Sox, the Toronto Blue Jays proved more than up to the challenge.

After David Ortiz made yet another impact on the series with a three-run home run, the Blue Jays bounced right back and eventually poured on the offence to beat the Red Sox 6-4 on Wednesday night at Rogers Centre.

Jose Bautista had two RBIs, one each on a double and a home run, to lead the charge. Jose Reyes, Josh Thole and Ryan Goins chipped in by driving in a run each.

Blue Jays starter R.A. Dickey (8-10) survived a rocky start to get the victory. THE CANADIAN PRESS

CREDIT CARD AUTHORIZATION ASSISTANT

Metro's Finance Department is looking for a Credit Card Authorization Assistant to join the Credit & Collections team for this 6 month contract position. Reporting to the Credit & Collections Manager, the successful candidate will be responsible for ensuring that all payments made to Metro are correctly received and reported, and their feedback.

PRIMARY RESPONSIBILITIES:

- Credit cards processing for Amex, MasterCard and Visa in Payfirma system for prepay ads
- Obtain credit card information from customers via telephone and Fax to process the cards
- Comply to PCI compliance rules
- Responsible to approve or Cancel prepay orders based on payment received 36 hrs prior to ad run date for western markets
- Follow up on customers prepay account outstanding with sales reps

REQUIREMENTS OF THE POSITION:

- 2 to 3 years related experience
- Experience in working in web based programs
- Comprehensive knowledge of Microsoft Office, Excel and Word
- Customer Service Skills
- Ability to multi-task and work in a fast paced environment
- Detail oriented
- Flexible, independent, creative, efficient, entrepreneurial spirited rebel preferred

Interested individuals who possess the skills described above are requested to submit their resumé and cover letter via email to hr@metronews.ca no later than August 1st.

PLEASE QUOTE: "Credit Card Authorization Assistant" in the Subject Line. All submissions will be treated as confidential.



Donald Sterling. Court hears final testimony in trial over Clippers sale

Testimony ended Wednesday in the trial to determine whether Donald Sterling's estranged wife can sell the Los Angeles Clippers in a proposed \$2-billion deal with former Microsoft CEO Steve Ballmer.

Shelly Sterling, who had testified early in the trial, was expected to be the final witness, but her husband's lawyers decided not to call her back to the stand.

Instead, they called Dr. Jeffrey Cummings to discuss the protocol of examinations such as the ones given to Donald Sterling to determine his mental competency and ability to act as owner.

Most of his testimony drew objections from Shelly Sterling's attorneys, and the judge said he didn't see how it would help him reach a decision.

The trial will not be in session for the rest of the week. The two sides are scheduled to return for closing arguments on Monday.

Superior Court Judge Michael Levanas reminded Sterling's lawyers that both sides had agreed not to make Donald Sterling's mental capacity an issue in the trial.

Levanas said he was sur-



Donald Sterling is fighting to hold on to the Clippers. THE ASSOCIATED PRESS

prised when the lawyers made that move, and that he would have been interested in hearing about Donald Sterling's mental competency.

Given that decision by lawyers, the judge rejected most of Cummings' testimony and refused to receive the psychiatrist's report submitted by the Sterling lawyers.

Outside court, attorneys for Shelly Sterling and Ballmer said that if they win, they will ask the judge to allow the sale to go through immediately in spite of any appeals that might be filed. THE ASSOCIATED PRESS

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

Commit yourself to a goal that others say is beyond your reach. With the Sun linked to Jupiter today there is nothing you cannot do. You will take delight in proving the doubters wrong.

♉ Taurus

April 21 - May 21

Someone close to you needs a confidence boost and you are the one who can offer it. Do what you know will make them feel good about themselves.

♊ Gemini

May 22 - June 21

Use your mind more over the next 24 hours. Take on mental challenges that at other times might confuse or bemuse you. The more you use your brain power, the more you will gain.

♋ Cancer

June 22 - July 23

The best way to deal with your current problem is to let it be. You may want to put the world to rights but the planets say it isn't going to happen, so relax.

♌ Leo

July 24 - Aug. 23

The Sun close to Jupiter in your sign means the bad times are now over and you will go to the other extreme and have the time of your life.

♍ Virgo

Aug. 24 - Sept. 23

That nagging voice at the back of your mind is trying to tell you something important, so listen. If you don't you may look back later and wish you had been more trusting of its words.

♎ Libra

Sept. 24 - Oct. 23

You have talent but it is only one part of the equation. The more vital part is enthusiasm, and with Jupiter strong in your chart at the moment you've got it coming out of your ears.

♏ Scorpio

Oct. 24 - Nov. 22

Current influences will give a boost to your ambitions but success won't just land in your lap. You'll have to work for it.

♐ Sagittarius

Nov. 23 - Dec. 21

Confidence will not be in short supply over the next few days but what about common sense? The good news is you seem to have learned how to set goals. You'll go far.

♑ Capricorn

Dec. 22 - Jan. 20

It's not often you probe the deepest corners of your mind but over the next 24 hours you will ask some rather profound questions. You already knew the answers though.

♒ Aquarius

Jan. 21 - Feb. 19

If you want to get things done over the next few days you must bring others into your plans. If you think you can do it your own you are mistaken.

♓ Pisces

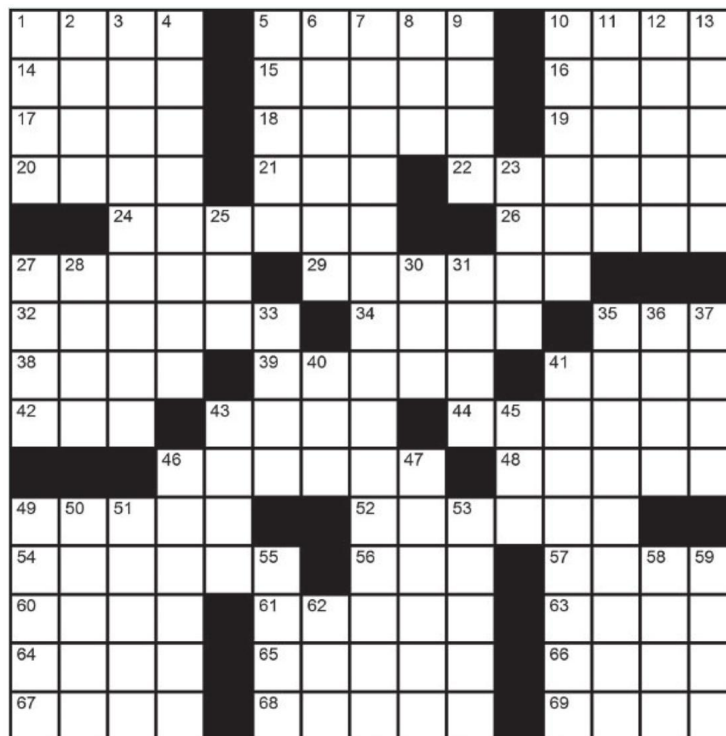
Feb. 20 - March 20

The cosmic powers never ask you to do more than you are capable of, so don't worry if the assignment you have taken on looks huge — you will find a way to ace it.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. "Sure ___ standing here!"
5. Vancouver Island natural wonders
10. Cheer
14. Fashion designer, ___ Rabanne
15. Eurythmics' "Would I ___ You?"
16. Equal
17. Long journey
18. ___-fartsy
19. Appraise
20. Vault
21. Jann Arden's "Could ___ Your Girl?"
22. ___ Energy of Canada Limited
24. Director Mr. Bergman
26. ___ a clue (Doesn't know)
27. Sports venue
29. Canadian actor Victor
32. Mint drinks
34. Lunchtime
35. Shape, axe-style
38. Raggedy Ann's pal
39. Quizzes
41. ___ cow (\$\$\$)
42. CV
43. Ex-Idol judge Ms. DioGuardi
44. President's ___ (Canadian brand in select grocery stores)
46. Music - Non-flats/Non-sharps: The ___
48. 'The King', in Spanish: 2 wds.
49. "Encore!"



52. Ontario: Bruce Peninsula attraction, ___ Five National Marine Park
54. "Bye Bye Mon Cowboy" songstress
56. Mount ___ (Volcano of Japan)
57. Tide type

60. 1700s French novel, Gil ___
61. Incisions
63. "___ have to do."
64. Drawn dog
65. Donald Trump's second wife Ms. Maples
66. Comfort

67. Everyone, in Dixie
68. Grateful Dead's "___ Jones"
69. Untidy type

- scenic drive, ___ Parkway
4. East Coast music: "Sucker" by ___ with Joel Plaskett
5. Purport
6. Car safety feature
7. Julian Fantino, Minister of ___

Down

1. Condo alternatives
2. Cake make, ___ Lee
3. Canadian Rockies

8. UFO passengers
9. Non-milk milk
10. Brouhaha
11. Paper quantities
12. Gain admittance: 2 wds.
13. Put up a building
23. And so...
25. Discontinuity
27. Open slightly
28. Old Scandinavian symbol
30. Decay
31. Particular pear
33. Remain
35. 1980s music genre: 2 wds.
36. 'Opal' suffix
37. ___ protein powder
40. 'Ranch' suffix
41. French and British settlements in early Canada
43. Casino game
45. Villain's chuckle, when repeated
46. Country singer, Brett ___, from Flat Lake, Alberta
47. Windsor ___
49. "Journey to the Center of the Mind" by The ___ Dukes
50. Ms. Radner
51. '60s song: "Shake ___ Feather"
53. "Who's ___?" (Maybe)
55. Gomer Pyle's mil. division
58. As well
59. Non-royal
62. One of the Teletubbies, when doubled

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

1	4	2	5	3	6	9	7	8
7	3	9	8	2	4	5	6	1
8	5	6	7	1	9	3	2	4
4	9	3	1	5	2	7	8	6
5	6	1	4	7	8	2	9	3
2	7	8	6	9	3	1	4	5
6	2	5	9	8	1	4	3	7
3	1	4	2	6	7	8	5	9
9	8	7	3	4	5	6	1	2

7			5			2
6		2		9		3
		1	2		7	8
2						5
			4		5	
3						7
		9	7		6	5
1		7		3		9
5				8		6

MOVE Forward

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THIS WEEK: How do I tell God "I am sorry"?

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Lifting a heavy cooler might be a good workout, but it's not always the most convenient way to transport your food and drinks in the outdoors. Coleman's solution? Put **all-terrain wheels** on the cooler. And make it spacious. **70-can** spacious.



\$14.96^{ea} GLOW-IN-THE-DARK YOUTH-SIZE
STAR & CONSTELLATION CHAIRS

If there's anything more exciting for kids than having their own camping gear, it's having gear that **glows in the dark**— like these **youth-size chairs**. As part of Coleman's Kids Collection, these products come decorated with glow-in-the-dark **star** and **constellation** patterns, making them fun, functional and educational.



\$26.68 2 LB COMFORTSMART™
SLEEPING BAG

Sleeping bags should be for sleeping. Keeping that simple goal in mind, Coleman® sleeping bags come with **ComfortSmart™** technology that includes **ZipPLOW™** to keep the zipper from snagging and **ComfortCuff™** to surround your face with a soft, cushion-like feeling.



\$49.94 4-IN-1 AIRBED

Some people snore in their sleep. Others whistle. That's why you need beds you can arrange and rearrange into different combinations. Coleman's **4-in-1 airbed** can be used as **two twin beds** or, if you roll around, as **one king-size bed**. You can even stack them together to make it a twin double-high bed. Choices, choices.



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